

PLEASE NOTE: Applicants who **do have a qualification** which contains exercise science and/or nutrition at NQF Level 5 or CYQ Level 3 are exempt from the prerequisite modules and only need to complete the learning and assessment criteria for their chosen specialisation. Current **eta** Fitness or Coaching Students (or if you are enrolling for an **eta** National Fitness or Coaching qualification) are also exempt from the prerequisite modules.

Costs for specialisation (Fitness) courses:	Cost
Aerobics, Step and Tone (group fitness classes to music)	R 3,150.00
Indoor stationary cycle classes to music	R 2,850.00
Lifestyle Coaching	R 3,150.00
Diet, Exercise and Genetics	R 2,850.00
Pilates Mat Level 1	R 3,850.00
Yoga Level 1	R 3,850.00
Massage for sport and fitness	R 3,850.00
Nutrition for performance	R 3,550.00
Costs for specialisation (Coaching) courses:	Cost
Coaching cricket (beginner to intermediate level)	R 1,950.00
Coaching football (beginner to intermediate level)	R 1,950.00
Coaching hockey (beginner to intermediate level)	R 1,950.00
Coaching netball (beginner to intermediate level)	R 1,950.00
Coaching rugby (beginner to intermediate level)	R 1,950.00

PLEASE NOTE: Applicants who **do not have a qualification** which contains exercise science and/or nutrition at NQF Level 5 or CYQ Level 3 need to complete the learning and assessment criteria for the prerequisite modules listed below as well as their chosen specialisation.

Costs for specialisation (Fitness) courses:	Cost	Prerequisite modules included in the cost
Aerobics, Step and Tone (group fitness classes to music)	R 11,250.00	Exercise and Fitness Studies Nutrition for performance
Indoor stationary cycle classes to music	R 10,950.00	
Lifestyle Coaching	R 11,250.00	
Diet, Exercise and Genetics	R 10,950.00	
Pilates Mat Level 1	R 11,950.00	
Yoga Level 1	R 11,950.00	
Massage for sport and fitness	R 8,400.00	Exercise and Fitness Studies
Nutrition for performance	R 8,100.00	

Costs for specialisation (Coaching) courses:	Cost	Prerequisite modules included in the cost
Coaching cricket (beginner to intermediate level)	R 6,500.00	Exercise and Fitness Studies
Coaching football (beginner to intermediate level)	R 6,500.00	
Coaching hockey (beginner to intermediate level)	R 6,500.00	
Coaching netball (beginner to intermediate level)	R 6,500.00	
Coaching rugby (beginner to intermediate level)	R 6,500.00	

Registration fee: A registration fee of R1000 is included in the cost of the specialisation and is payable up-front. This registration fee is not required up-front if you are enrolling for a national qualification at **eta** or if you are a current **eta** student on course. This fee covers administration, assessment and certification. One re-assessment is included in the fee.

Cancellation Policy: Once module fees have been paid, module material received by the student and the course has commenced, no refunds or cancellations will be considered. No refunds are considered if a student cancels less than fourteen days before the course Commencement Date. If a cancellation notice is received in writing more than fourteen days before Commencement Date of the course, course fees will be refunded, less a cancellation fee of 25%.*

Issuing of results or certificates; No results or qualifications will be issued if fees are not paid in full. Certificates are issued in accordance with national print runs.